

PROTECT YOURSELF. PROTECT OTHERS.

GET THE FLU SHOT



WHY?

- ❑ The CDC recommends everyone 6 months of age and older get an annual flu shot
- ❑ If you get the flu shot and still end up with the flu, chances are, your flu will be less severe and having the vaccine can save you from being hospitalized with flu symptoms
- ❑ You cannot get the flu from the flu vaccine

WHEN?

- ❑ The vaccine takes about 2 weeks to start working, so get your flu shot early for the best protection
- ❑ The flu shot will be available this year by or before mid-September

WHERE?

- ❑ Doctor's Office
- ❑ Pharmacy
- ❑ Health Department
- ❑ Clinics
- ❑ University Health Centers

Don't delay, get your flu shot today!
*Flu shots are **FREE**, with your insurance card*



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